



PROLEEK RESTAURANT

# *Winter Evening Menu*

€55 PER PERSON

PLEASE NOTE THAT SUPPLEMENTS  
APPLY ON SOME ITEMS

PLEASE ASK TO SEE OUR PLANT BASED MENU

## *allergens*

**1.** Cereals containing Gluten **2.** Crustaceans **3.** Eggs **4.** Fish **5.** Peanuts **6.** Soybeans  
**7.** Milk **8.** Nuts **9.** Celery **10.** Mustard **11.** Sesame **12.** Sulphites **13.** Lupin **14.** Molluscs

*Please note that our Beef is of Irish Origin.*

***Our menus are seasonal and subject to change due to availability  
of ingredients from time to time***

## ***Bread***

### **ARTISAN SOURDOUGH AND IRISH BUTTER**

*contains allergens 1 (wheat), 7*

## ***Starters***

### **BBQ CARLINGFORD MACKEREL & CRAB GAZPACHIO**

*olive oil & almond wheaten bread*

*contains allergens 1 (wheat), 2, 4, 7, 8, 9 (almonds)*

### **MELON SALAD WITH FETA CHEESE**

*hazelnuts & fig oil*

*contains allergens 7, 8 (hazelnuts)*

### **BRAISED BEEF & STILTON PIE**

*sage & onion velouté*

*contains allergens 1 (wheat), 3, 7*

### **TARTLETTE OF SALMON & PRAWNS GRILLED COURGETTES**

*pink grapefruit, yuzu mayonnaise*

*contains allergens 1 (wheat), 2, 3, 4, 7*

### **CHICKEN LIVER & FOIE GRAS PÂTÉ, SOURDOUGH TOAST**

*mulled wine jelly, spiced pear chutney*

*contains allergens 1 (wheat), 3, 7, 12*

### **SEASONAL SOUP**

*guinness wheaten bread*

*contains allergens 1 (wheat), 3*

## *Mains*

### IRISH HEREFORD FILLET STEAK

*boxty potato, confit shallots, wild mushroom pepper sauce*

*contains allergens 7, 12*

***€12 supplement***

### CRISP DUCK CONFIT

*beetroot, carrot & orange, citrus duck jus*

*contains allergens 12*

### ROAST MOUNTAIN LAMB

*grilled & puréed celeriac, tarragon, beans & tomato, lamb jus*

*contains allergens 7, 12*

### MARKET FISH DU JOUR

*please ask your server for details*

*contains allergens 4, 6, 7*

### FILLET OF PORK

*black pudding, alsace bacon, bbq kebab, calvados velouté*

*contains allergens 1 (wheat), 7, 10, 12, 13*

### GRILLED SEABASS FILLETS

*marteau sausage, bbq leek, café de paris butter sauce*

*contains allergens 4, 7, 12*

ALL OUR MAINS ARE SERVED WITH SEASONAL VEGETABLES & POTATOES

## ***Desserts***

### **GLAZED APPLE PUFF PIE**

*homemade salted caramel ice cream  
contains allergens 1 (wheat), 3, 7*

### **VANILLA CRÈME BRÛLÉE**

*rosemary shortbread  
contains allergens 1 (wheat), 3, 7*

### **CHOCOLATE DELICE**

*roast pear purée, pomegranate  
contains allergens 1 (wheat), 3, 7*

### **ICED COCONUT PARFAIT**

*asian fruit salad, passionfruit jus  
contains allergens 3, 7*

### **THREE HOMEMADE ICE CREAMS**

*contains allergens 3, 7*

### **IRISH ARTISAN CHEESE WITH WAFERS**

*knockanore, cashel blue, mileens, gubeen  
contains allergens 1 (wheat), 3, 6, 9, 12*

***€5 supplement***

## ***Finish***

### **COFFEE/TEA/INFUSIONS**

*petit fours  
contains allergens 1 (wheat), 3, 6*